

2019 ECK Springtime Seminar at a Glance

Minneapolis, Minnesota • April 19–21, 2019

Program as of 2/15/2019. Subject to change. Check printed seminar program at the seminar for latest information.

For more information: www.ECKseminars.org

[Click here for 2019 ECK Springtime Seminar Temple of ECK activities and hours.](#)

All events are at the Hilton Minneapolis.

THURSDAY, APRIL 18

Thursday Evening

6:30–7:30 p.m.	Simultaneous Language Translators Training (by invitation) (small)
6:30–7:15 p.m.	HU Song and Volunteer Sign-Up (for ECK members) (large)
7:00–8:00 p.m.	Young-Adult Meet and Greet (for ages 18–40) (small)
7:30–9:15 p.m.	Roundtable Facilitator Meeting and Roundtable (current ESA ID required) (medium)

KEY TO ROOM SIZES

Small = up to 50 people

Medium = 51–150

Large = 151–300

Extra large = over 300

NOTE: If the workshop or meeting you select is full, check with room hosts for other options.

FRIDAY, APRIL 19

Friday Morning

9:00–9:30 a.m.	HU Song (extra large)
9:30–11:00 a.m.	Shining Your Light as a Family in The Year of Giving (family workshop) (small)
10:00 a.m.–noon	Living in the Confidence of Soul (workshop) (extra large) The Path to Self-Realization: A Look into the Mirror (workshop) (extra large)
10:00–11:30 a.m.	The Arahata's Treasure Chest: Good Questions (workshop for Second Initiates and above) (medium) Creating ECK Plays for Stage (skillshop for ECK members) (small) ECK Youth and Family Program Forum (by invitation) (small)
10:15–11:15 a.m.	Roundtables
11:00 a.m.–noon	Seeing Your Child as Soul (spiritual discussion for parents with their children under age 5)

Friday Afternoon

1:00–1:45 p.m.	Youth Meet and Greet, HU Song, and Spiritual Goal Setting for the Seminar (ages 13–17)
2:00–5:30 p.m.	Youth Program (ages 13–17)
2:00–4:00 p.m.	ECK Artists Skillshop (for all ECK members) (medium) Youth Programs (ages 5–13)
2:00–3:30 p.m.	All the Way Home to God (workshop for High Initiates) (extra large) How to Tell Your ECK Stories to Inspire Others (for ECK members) (large) The Power of Imagination Rules! (workshop) (ages 13–17) Unlocking the Spiritual Truth in Your Dreams (workshop) (small) Your Noble Purpose in ECK: Becoming a Co-worker with God (workshop for Second Initiates and above) (medium)
2:15–3:15 p.m.	Roundtables
2:30–3:30 p.m.	Honoring Your Child’s Spiritual Journey (roundtable for parents with their children under age 5)
3:45–5:30 p.m.	ECK Youth Arts Gala Workshop and Rehearsal (ages 13–17)
3:45–5:15 p.m.	Your Role in the Destiny of ECKANKAR (meeting for ECK members ages 18–40) (small)
4:15–5:15 p.m.	Roundtables Unplug and Tune In: A Deeper Dive into Contemplation (workshop) (large)

Friday Evening

7:00–7:30 p.m.	HU Song (extra large)
7:00–9:00 p.m.	Youth Programs (ages 5–13)
7:45–9:00 p.m.	Main Program
9:30–11:00 p.m.	ECK Dance

SATURDAY, APRIL 20

Saturday Morning

8:30 a.m.–noon	Your Golden Wisdom Temple Experience (field trip) (ages 13–17)
8:30–9:00 a.m.	HU Song (extra large)

9:15–10:15 a.m.	Dawn of a New Golden Age (for ECK members) (extra large)
9:30–11:00 a.m.	Your Family and the World of Dreams (family workshop) (small)
9:30–10:30 a.m.	Guest Roundtable (for those new to ECKANKAR)
10:45 a.m.–12:15 p.m.	ECK Musicians Skillshop (for all ECK members) (medium) ECK Writers Skillshop (for all ECK members) (medium) How to Create a Wonderful Life—Here and Now (workshop for ECK members) (extra large)
11:00 a.m.–12:30 p.m.	Creating Promo Videos for ECK Events (skillshop for ECK members) (small)
11:00 a.m.–noon	Love Yourself, and Grow as a Parent (spiritual discussion for parents with their children under age 5)
11:15 a.m.–12:15 p.m.	Roundtables
Saturday Afternoon	
1:00–2:00 p.m.	Your Letter of Light (workshop) (ages 13–17)
1:30–3:30 p.m.	ECK Light and Sound Service Officiators Training (current ECK cleric ID required) (large)
2:00–5:30 p.m.	Youth Program (ages 13–17)
2:00–4:00 p.m.	Getting Creative with the ECK Essentials (workshop) (medium) Youth Programs (ages 5–13)
2:00–3:30 p.m.	The Call of Soul (workshop and discussion, for those new to ECKANKAR) (small) The ECK Masters: Role Models for Every Hero’s Journey (workshop) (extra large)
2:00–2:20 p.m.	HU Song (ages 13–17)
2:15–3:15 p.m.	Roundtables
2:30–3:45 p.m.	Soul Travel: What Is It, and How Do You Do It? (workshop) (ages 13–17)
3:00–4:00 p.m.	Cultivating Joy in Your Family (roundtable for parents with their children under age 5)
4:00–5:30 p.m.	ECK Youth Arts Gala Rehearsals (ages 13–17)
4:00–5:00 p.m.	New ECK Members: Explore the Secret Path to Heaven (meeting for new members and First Initiates) (small)

4:15–5:15 p.m. **Flight of Eagles—the Quest for Spiritual Freedom** (workshop) (extra large)

Roundtables

Saturday Evening

7:00–9:00 p.m. **Main Program with talk by Sri Harold Klemp, the Mahanta, the Living ECK Master**

The ECK Family: Our Hearthstone in The Year of Giving (family program) Main program, via live video feed, featuring talk by Sri Harold Klemp, the Mahanta, the Living ECK Master.

After the Saturday-evening program, for one hour **Explore Your Next Spiritual Step (Guest Chat)** (for those new to ECKANKAR) (small)

9:30–11:30 p.m. **Dessert Social**

9:30–11:00 p.m. **ECK Youth Arts Gala** (ages 13–17)

SUNDAY, APRIL 21

Sunday Morning

9:00–9:30 a.m. **HU Song** (extra large)

Closing Assembly (ages 13–17)

9:00–11:00 a.m. **Youth Programs** (ages 5–13)

9:45–11:00 a.m. **Main Program**