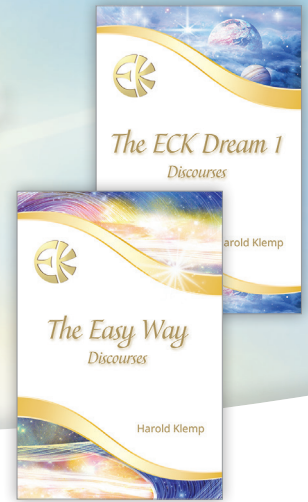




Advanced Spiritual Living: ECK Course Study and Satsang Class

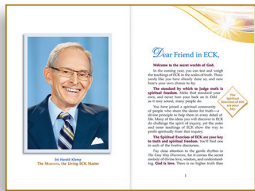


By Sri Harold Klemp

Each year of ECK enrollment sets you—Soul—upon a voyage of higher awareness. This journey touches the many shores of daily life as well as vast inner worlds awaiting your discovery.

High adventure all the way!

Personal Course Study First



Every month **explore your personal study lesson.** The ECK discourses are written with a secret, internal rhythm that gradually unfolds your consciousness in a very

precise and orderly manner.

One lesson at a time, the MAHANTA pulls away the veils that cloak **the radiant light and freedom of Soul.**

This gives you strength to meet challenges of every kind, reveals the power of the Inner Master's presence, and brings confidence in yourself as Soul—a divine spark of God.

Keeping the Rhythm



Month by month, keep to the rhythm of your personal course study. **It's matching your heartbeat to that of the Inner Master.** Spiritual transformation will be seen and felt in every part of your life.

Combined with the Spiritual Exercises of ECK, it is your lifeline to **higher awareness and preparation for the ECK initiations.**

The Role of Satsang

The ECK Satsang class is a supplementary path of unfoldment with many spiritual benefits for the ECK chela.

Satsang class is a review, so you will find that your class is on a different lesson than your personal course study.

Here's how to prepare:

- Go over or skim the Satsang lesson a few days before your class.
- You can also revisit the spiritual exercise from the Satsang lesson days before the class.
- The last thing to do before stepping out the door on the way to class is a spiritual exercise.



This inner and outer preparation attunes you to receiving the MAHANTA's highest gifts of insight, joy, and divine love during class.

Bring your **questions**, share **key realizations** and experiences, **and be inspired by the journeys of others.** The MAHANTA offers rich experiences and new perspectives with every class.

Heart and Soul

The Satsang review does not replace the monthly personal course study. So you'll want to keep up your sacred rhythm with the Inner Master via your lessons and the Spiritual Exercises of ECK.

Together, they are the heart and soul of advanced spiritual living.