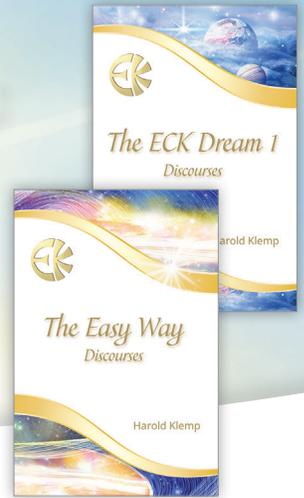




# Advanced Spiritual Living: ECK Course Study and Satsang Class

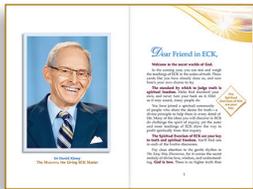


By Sri Harold Klemp

Each year of ECK enrollment sets you—Soul—upon a voyage of higher awareness. This journey touches the many shores of daily life as well as vast inner worlds awaiting your discovery.

High adventure all the way!

## Personal Course Study First



Every month **explore your personal study lesson**. The ECK discourses are written with a secret, internal rhythm that gradually unfolds your consciousness in a very

precise and orderly manner.

One lesson at a time, the MAHANTA pulls away the veils that cloak **the radiant light and freedom of Soul**.

This gives you strength to meet challenges of every kind, reveals the power of the Inner Master's presence, and brings confidence in yourself as Soul—a divine spark of God.

## Keeping the Rhythm



Month by month, keep to the rhythm of your personal course study. **It's matching your heartbeat to that of the Inner Master.** Spiritual transformation will be seen and felt in every part of your life.

Combined with the Spiritual Exercises of ECK, it is your lifeline to **higher awareness and preparation for the ECK initiations**.

## The Role of Satsang

The ECK Satsang class is a supplementary path of unfoldment with many spiritual benefits for the ECK chela.

**Satsang class is a review**, so you will find that your class is on a different lesson than your personal course study.

Here's how to prepare:

- Go over or skim the Satsang lesson a few days before your class.
- You can also revisit the spiritual exercise from the Satsang lesson days before the class.
- The last thing to do before stepping out the door on the way to class is a spiritual exercise.



This inner and outer preparation attunes you to receiving the MAHANTA's highest gifts of insight, joy, and divine love during class.

Bring your **questions**, share **key realizations** and experiences, **and be inspired by the journeys of others**. The MAHANTA offers rich experiences and new perspectives with every class.

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## Heart and Soul

**The Satsang review does not replace the monthly personal course study.** So you'll want to keep up your sacred rhythm with the Inner Master via your lessons and the Spiritual Exercises of ECK.

**Together, they are the heart and soul of advanced spiritual living.**